

Southeast Lancers

Meet: Frontenac-8th BOYS

Date: _____

Running Events					T S C O R E	Field Events					
	Athlete	Finals		TM PNTS SC		Athlete	Finals		TM PNTS SC		
		Time	PL		Time		PL				
1 0 0 s m h					/	Adam Y	41'8"	2nd	8	S h o t	
1 1 0 H m H					/					D i s c	
2 0 0 s m h					/					J a v	
					/					H J	
4 0 0 s m h					/					L G	
8 0 0 R o u m n					/					T J	
1 6 0 R o u m n					/						
	Relay					Relay			Time	PL	
4 X				Time	/	MEDLEY					
							PL				
1 0 0				PL	/	MEDLEY					
							PL				
	Relay					Relay			Time	PL	
4 X				Time	/	4X 400					
							PL				
2 0 0				PL	/	4X 400					
							PL				